

Joseph Green is a motivational speaker, educator, trainer, professional storyteller, award-winning spoken word poet, and a person in long-term recovery.

With a background in theatre and performance poetry, Joseph seamlessly intertwines storytelling and spoken word poetry to inspire his audience to join him on a journey which uplifts the core principles of self-care, self-awareness, self- forgiveness, and paying your blessings forward to make a world a better place for everyone. He believes strongly in stories' innate ability to connect people to their higher purpose and one another.

Over the past 15 years, he has created and facilitated thousands of workshops with youth, educators, health care professionals, nonprofit organizations centering social justice, and many others. His workshops cover youth development, Creative Mindfulness as burnout prevention, inclusion and diversity strategies, youth prevention and recovery programming, and artistic activism.

In his prevention work with high school-aged youth, Joseph has designed and facilitated interactive workshops to create original poetry and short stories on the effects of substance abuse and addiction on their lives. Joseph has provided opportunities for them to share their accounts with policymakers at the White House for the US Office of National Drug Control Policy and the US Department of Education. In his role as Program Manager at the Mentor Foundation USA, Joseph led the effort to revamp the interactive drug prevention youth rally known as "Shattering the Myths." As part of this initiative, he also served as host for the three-day program that included a full day of writing workshops and leadership training.

In his current role as CEO of LMSvoice, an educational and mindfulness consulting company, Joseph has had the honor to helm and partner with many programs making a positive change in schools and communities around the country. In Wisconsin, Joseph has designed and implemented a youth empowerment program and a comprehensive training for adults working in youth development. In his native region of Washington DC, he leads a team of local youth leaders in creating a mental health literacy program, The Healing Root DC, for young people aged 12-18. In Maryland, along with acclaimed children's theatre Imagination Stage and sponsored by Represent Justice and the Arts for Justice Fund, Joseph works with incarcerated youth to highlight their stories and help end mass incarceration. Joseph and his team at LMSvoice are also excited about the November 2020 relaunch of the LMSvoice website as a free and ever-expanding resource of curriculum, workshops, and other online learning tools in a multitude of topics and digital mediums.

Joseph's life story and work are featured in media outlets such as Youth Today, UpWorthy, PBS NewsHour, NPR, and many more. He has recently keynoted or presented at the 2017 American Society of Addiction Medicine, Talks @ Google, the University of Baltimore, 2016/18 California Statewide Conference on Substance Use Disorder, 2017 Utah Fall Substance Abuse Conference, and Wisconsin Voices for Recovery Rally for Recovery.

Joseph's presentations and workshops are for anybody seeking a reconnection to purpose, motivation, or community. His work reminds us that more important than knowing what we are fighting against is knowing and never forgetting what we are fighting for.

CONTACT: Rebelle Events (651) 447-4944 melissa@rebelleevents.com

NOTABLE PERFORMANCES

Keynote

2018 SUD Talks A Beacon of Hope: 360 Degrees of **Empowerment Delray Beach** Drug Task Force / FAU SCHOOL OF SOCIAL **WORK**

Guest Lecture

University of Baltimore School of Public and International Affairs

Featured Presenter

Talks @ Google - Google HQ Mountain View, California

Workshop and Keynote

Shattering the Myths Youth Prevention Rally - Mentor Foundation USA

Keynote and Youth Development Workshop

American Society of Addiction Medicine - National Conference

Keynote and Youth Development Workshop

California SUD Statewide Conference



KEYNOTE

A Beacon of Hope- Joseph weaves his award winning Spoken Word Poetry with storytelling to share his battle with addiction and subsequent recovery, delivering a message of inspiration to anybody trying to be the best version of themselves.

Creative Mindfulness- Either at home or at work, doing too much can have dire effects on our health and our peace of mind. Combining his experience a storyteller and Certified Mindfulness Professional Joseph guides his audience through his journey from self-medicated to self-realized.

Artistic Activism- Joseph's poetry has been commissioned by the National Fair Housing Alliance. Faces and Voices of Recovery, the Poor People's Campaign, and many others. In this keynote, Joseph will share his own social justice poetry while speaking to the history of arts in activism.

WORKSHOPS

WHY WE NEED INCLUSIVENESS AND DIVERSITY CREATING BRAVE AND SAFE SPACES

Inclusiveness and diversity programs are always necessary to ensure that all organizational stakeholders feel capable and encouraged to be their most authentic selves. It has been proven by science that this level of comfort enhances all aspects of business and learning. It's also just a good way to be. Unfortunately, these terms have been misused and misrepresented to the point, where just mentioning them, can close more hearts and minds than they open. That is why this course is vital to any organization, business, or academic space trying to uphold a culture or equity, diversity, and inclusiveness.

In this workshop participants will learn how diversity is greater than race, ethnicity, and gender and how inclusion can be best understood through exploring the emotions and motives associated with exclusion. We will discuss the principles behind creating brave and safe spaces to have these uncomfortable conversations at work. And through exploring the art of storytelling, we will find creative and responsible ways to express ourselves and listen to the journeys of others.

Creating brave and safe spaces is fundamental to facilitating an open forum for sharing and leading a successful and honest conversation on any difficult topic. This workshop focuses on developing the skills, tools, knowledge and practices necessary for teachers/staff/administrators to create. maintain and facilitate brave and safe space so that youth and young adults feel comfortable, safe and supported in sharing personal stories with the group. Furthermore, participants will learn and discuss practices necessary to resolve conflicts in a group setting, as well as approaching broader topics of global

conflict and injustice.

CREATIVE MINDFULNESS- Self-Care and Burnout Prevention for Professionals

Joseph Green is a Certified Workplace Mindfulness Trainer and has been working with professional and youth for over a decade to harness the power of storytelling through creative writing to process emotion, maintain agency over personal narrative, and restore humanity to community spaces. Combined with traditional forms of mindfulness practice such as meditation and focused breathing, this form of self-care assists in burnout prevention for those working in high stress occupations.

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MULTI-MEDIA

<u>SUD Talks Delray Beach -</u> <u>The Ballad of St. Jude</u>

<u>Talk Ugly -</u> Cinematic Release

<u>I Believe-</u> <u>Promo Reel</u>



RECENT PRESS

(articles are hyperlinked)

<u>Brightest Young Things - Spoken Words</u>

<u>RyanHampton.org</u> - <u>dreams incorporated</u>

ASAM Conference News -Power of Story



Joseph Green delivered two incredible programs for our campus community at Delaware County Community College. His passion and energy for his work is contagious and his ability to connect with the audience, even through a virtual setting, was exceptional. Joseph was so easy to work with leading up to the presentation which helped to ensure a smooth event. He was a pleasure to work with and a very talented performer! I would highly recommend him for programs and performances!

Sara Steinman
Delaware County Community College

Recently, Joseph Green conducted a session for our IT managers and team leads on how to incorporate mindfulness practices into our daily schedules, which is a great way for us to manage the ongoing stresses of maintaining the complex technology operations of a century old public water utility. The team thoroughly enjoyed the exercises Joseph led and are actively working to incorporate some of the lessons learned with their respective teams. I would highly recommend LMS Voice for any organization looking to find new, creative ways to unleash additional productivity.

Vennard Wright- Chief Information Officer Washington Suburban Sanitary Commission

"I just wanted to send you an email to let you know that the forum we held with Joseph Green was spectacular. He was very down to earth, professional, and EXTREMELY knowledgeable. Afterward, students lined up on the stage to meet him and shake his hand. We also took photos. The school welcomed him back for another forum in the Springtime as well. It was AMAZING. I'm still in awe of the event."

Clifton Jackson, MPA Living Well Youth Works, Inc.

I wanted to thank you for arranging for Joseph Green to teach a poetry workshop in my class. He was with us today and the experience was wonderful for all students (and staff). My students are ages 18 - 22 and all have disabilities. We have a student with autism, one with traumatic brain injury, those with learning disabilities, and those with intellectual disabilities. Every student was engaged and eager thanks to Mr. Green's impressive ability to create a safe place, where students feel comfortable taking a risk and sharing what they write and how they feel.

As I'm sure you know, Mr. Green is a dynamic and exciting presenter who quickly adjusts his instruction to the students' needs and understandings. His sense of humor lightens the mood and his passion for poetry and the work of teaching poetry creates an atmosphere where students are eager to learn. I wish he could teach in my class every week, but I am thrilled to have him when I can."

Karen Shimkus, Arlington Public Schools